

# CLAREMORE SENIOR CITIZENS CENTER

FELLOWSHIP • FOOD • FUN



## INSIDE THIS ISSUE

Welcome & Center Information .....	2
Puzzles .....	3
December Activities .....	4
December Dining Menu .....	5
Information .....	6
What's Happening .....	7

## WORD OF THE MONTH: **BELIEVE**

Accept (something) as true: feel sure of the truth

Have faith, especially religious faith

Believe something of someone: feel sure someone is capable of doing

## Thanksgiving lunch on November 26th

We have sold out.

Pickups start at 10:30

Dine-In starts at 12:00

**RESERVATIONS NOW BEING ACCEPTED FOR  
CHRISTMAS PARTY DECEMBER 13 & CHRISTMAS  
LUNCH DECEMBER 20**

Reservations fill up very quickly. **Phone call  
reservations will not be accepted. You must come in  
and make your reservations and pre-pay.**

### CONTACT

Phone: 918-341-4734

Email: [stacey.dowden@claremore.com](mailto:stacey.dowden@claremore.com)

Website: [www.claremore.com](http://www.claremore.com)

Facebook: [@claremoreseniorcitizenscenter](https://www.facebook.com/claremoreseniorcitizenscenter)

### HOURS

Monday - Friday  
8 a.m. - 4:45p.m.

# WELCOME & CENTER INFORMATION

PAGE 2

## DIRECTOR

Stacey Dowden

Assistant Director

Jenny Jones

Chef

Jackie Hemphill

Kitchen Asst.

Patricia Loraditch

Kitchen Aide

Gale Phillips

Janitorial/Dishwasher

David Dempsey

Janitorial Asst.

George Wright

Janitorial/Kitchen Support

Leonard Breitling

David Sears

## A NOTE FROM THE DIRECTOR

**Christmas Party:** Friday December 13th from 5:00-7:30pm. This is by reservation only. It is free! We will provide dinner and play Bingo. We have lots of new donated Bingo prizes. Prizes range from \$5 and up– RESERVATIONS CAN BE MADE STARTING NOVEMBER 6TH– **IF YOU MAKE A REERVATION AND DO NOT ATTEND. YOU WILL NOT BE ABLE TO ATTEND NEXT YEAR AS WE ARE LIMITED TO 150 PEOPLE.** By you not showing up, after making a reservation, keeps someone else from attending.

**Christmas Lunch:** Friday, December 20th. Christmas lunch will be the same as Thanksgiving. Pre-register and Pre-paid. Get your reservations as they fill up quickly.

**Angel Tree:** We will have an angel tree back again this year. I will be working with a local church to find two families that are struggling. Angels will be available starting November 25th. As always, I will be happy to shop for anyone that needs a shopper.

## NEWSLETTER

If you would like to receive an emailed copy of our newsletter. Please provide Stacey with your name and email address and we will get you signed up. As soon as our newsletter is published you will receive an emailed copy. I will provide a form for you to fill out with this information. Fill out and get it to me to get on our mailing list.

**Thanksgiving Lunch and Christmas Lunch: We will have Claremore Police here starting at 11:30 to help with traffic control for those that park across the street at the ball park. They will also be here to help you get back to your car after lunch.**

We will be closed December 24th & December 25th for the Christmas holiday.

**STACEY DOWDEN-DIRECTOR**

**MERRY CHRISTMAS**

K	F	A	M	I	L	Y	T	R	N	K	B	J	L	H
Y	M	U	T	J	C	O	R	B	S	X	G	O	J	F
Y	U	P	L	J	C	A	R	O	L	S	I	Y	J	N
L	C	H	R	R	E	Q	N	W	E	E	V	E	I	N
S	H	R	E	R	P	E	H	D	N	D	I	J	N	O
Y	C	I	T	E	S	C	S	S	Y	W	N	G	L	R
U	R	B	M	D	Y	E	R	C	T	C	I	S	E	T
U	I	Q	O	T	K	I	N	G	M	J	A	E	I	H
L	S	T	I	C	H	T	S	T	S	S	D	N	W	P
K	M	L	L	I	O	V	S	M	G	N	J	S	E	O
B	A	F	F	X	B	I	Z	E	I	I	G	X	C	L
F	S	R	E	B	Z	S	L	N	S	N	H	W	R	E
X	N	Y	O	L	Q	H	R	D	N	D	O	X	X	U
H	S	L	A	J	F	Z	C	N	T	A	E	L	V	M

BOW	FAMILY	NORTH POLE	SNOW
CANDY CANE	GIVING	PRESENTS	STAR
CAROLS	JINGLE	REINDEER	STOCKINGS
CHRISTMAS	JOY	SANTA	TREES
ELF	LIGHTS	SLEIGH	

# ACTIVITIES- ALL GAMES START PROMPTLY AT SCHEDULED TIMES- YOU MUST BE IN YOUR SEAT READY TO PLAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>2</b></p> <p>LINE DANCING BEGINNER 9:30 INTERMEDIATE 11:30 BRIDGE 1</p>	<p><b>3</b></p> <p>CHEROKEE NATION BLOOD PRESSURE CHECKS 9:30 -12 IN THE BRIDGE ROOM CHAIR EXERCISE 9 &amp; 1</p>	<p><b>4</b></p> <p>LINE DANCING BEGINNER 9:30 INTERMEDIATE 11:30 BRIDGE 1</p>	<p><b>5</b></p> <p>CHAIR EXERCISE 9 &amp; 1</p>	<p><b>6</b></p> <p>BINGO &amp; DONUTS 9AM <b>SPONSORED NORTHEASTERN CANCER</b></p>
<p><b>9</b></p> <p>LINE DANCING BEGINNER 9:30 INTERMEDIATE 11:30 BRIDGE 1 <b>LAST DAY TO MAKE RESERVATIONS FOR CHRISTMAS LUNCH</b></p>	<p><b>10</b></p> <p>CHAIR EXERCISE 9 &amp; 1</p>	<p><b>11</b></p> <p>LINE DANCING BEGINNER 9:30 INTERMEDIATE 11:30 BRIDGE 1</p>	<p><b>12</b></p> <p>CHAIR EXERCISE 9 &amp; 1</p>	<p><b>13</b></p> <p>WE ARE OPEN 8:00-10:45 CLOSED 10:45-2:00 REOPEN 2:00-4:45 <b>NO LUNCH SERVED</b> CHRISTMAS PARTY 5-7:30</p>
<p><b>16</b></p> <p>LINE DANCING BEGINNER 9:30 INTERMEDIATE 11:30 BRIDGE 1 <b>ALL ANGEL TREE GIFTS MUST BE TURNED IN FREE LUNCH FOR SENIOR CITIZENS AT THE ELKS LODGE</b></p>	<p><b>17</b></p> <p>CHAIR EXERCISE 9 &amp; 1 BLOOD PRESSURE &amp; GLUCOSE CHECKS 9- 12 IN BRIDGE ROOM—<b>YOUR CHOICE HEALTH CARE</b></p>	<p><b>18</b></p> <p>LINE DANCING BEGINNER 9:30 INTERMEDIATE 10:30 BRIDGE 1</p>	<p><b>19</b></p> <p>CHAIR EXERCISE 9 &amp; 1 BOARD MEETING 9:30</p>	<p><b>20</b></p> <p>BRIDGE 1</p>
<p><b>23</b></p>	<p><b>24</b></p> <p><b>CLOSED FOR CHRISTMAS</b></p>	<p><b>25</b></p> <p><b>CLOSED FOR CHRISTMAS</b></p>	<p><b>26</b></p>	<p><b>27</b></p> <p><b>BRUNCH 11:00</b> BRIDGE 12 CARDO 12 BIRTHDAY CELEBRATION 1:30</p>
<p><b>30</b></p> <p>LINE DANCING BEGINNER 9:30 INTERMEDIATE 11:30 BRIDGE 1</p>	<p><b>31</b></p> <p>CHAIR EXERCISE 9 &amp; 1</p>			

# DINING MENU-LUNCH IS SERVED AT 12:00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>2</b></p> <p>BACON WRAPPED CHOPPED SIRLOIN POTATOES &amp; GRAVY GREEN BEANS GARDEN SALAD KEY LIME PIE</p>	<p><b>3</b></p> <p>TUNA SALAD ON CROISSANT CHIPS FRUIT CUP DESSERT</p>	<p><b>4</b></p> <p>CHICKEN &amp; NOODLES GREEN PEAS GARDEN SALAD ROLL BROWNIE</p>	<p><b>5</b></p> <p>CHEESEBURGER (LOP) CHIPS BOW TIE PASTA SALAD DESSERT</p>	<p><b>6</b></p> <p>PECAN CRUSTED TILAPIA BAKED BEANS COLE SLAW ROLL PEANUT BUTTER CHOCOLATE PIE</p>
<p><b>9</b></p> <p>SALISBURY STEAK POTATOES &amp; GRAVY MIXED VEGGIES GARDEN SALAD COCONUT CAKE</p>	<p><b>10</b></p> <p>GOULASH BROCCOLI W/CHEESE CUCUMBER RANCH SALAD GARLIC TOAST DESSERT</p>	<p><b>11</b></p> <p>TACO SOUP CORNBREAD GARDEN SALAD COOKIES</p>	<p><b>12</b></p> <p>CHEF SALAD COTTAGE CHEESE W/ FRUIT CRACKERS DESSERT</p>	<p><b>13</b></p> <p><b>NO LUNCH SERVED</b></p>
<p><b>16</b></p> <p>CHICKEN FRIED STEAK POTATOES &amp; GRAVY GREEN BEANS GARDEN SALAD LEMON LOAF</p>	<p><b>17</b></p> <p>ENCHILADA CASSEROLE BLACK BEAN &amp; RICE CASSEROLE CHOPPED MEXICAN SALAD DESSERT</p>	<p><b>18</b></p> <p>BROWN BEANS FRIED CABBAGE CEASAR SALAD CORNBREAD CARROT CAKE</p>	<p><b>19</b></p> <p>CHILI DOGS CHIPS POTATO SALAD DESSERT</p>	<p><b>20-</b></p> <p><b>RESERVATION</b></p> <p>HAM- SWEET POTATOES- ASPARAGUS- BLT SALAD-ROLL- CHEESECAKE</p>
<p><b>23</b></p> <p>PULLED PORK SANDWICH CHIPS PEACH PARFAIT PUMPKIN LOAF</p>	<p><b>24</b></p> <p><b>CLOSED FOR CHRISTMAS</b></p>	<p><b>25</b></p> <p><b>CLOSED FOR CHRISTMAS</b></p>	<p><b>26</b></p> <p>COOK'S CHOICE</p>	<p><b>27</b></p> <p><b>BRUNCH 11:00</b></p> <p>SCRAMBLED EGGS SAUSAGE BUSCUIT &amp; GRAVY BANANA CINNAMON ROLL</p>
<p><b>30</b></p> <p>SLICED BRISKET BAKED BEANS COLE SLAW ROLL PECAN PIE</p>	<p><b>31</b></p> <p>FRITO CHILI PIE CHUCKWAGON CORN CEASAR SALAD DESSERT</p>			

CARRY OUT ORDERS MUST BE CALLED BEFORE 10:30- PICK UP IS 11:00- NO LUNCHES WILL BE HANDED OUT EARLY

# SENIOR CITIZENS INFORMATION

PAGE 6

---

**REMINDER: ALL ACTIVITIES BINGO & DONUTS– FRIDAY NIGHT DANCES– CHRISTMAS PARTY– ARTS & CRAFTS ETC. ARE FOR SENIOR CITIZENS 50 AND OVER ONLY-**

**December 9th**– Last Day for Reservations for Christmas Party and Christmas Lunch

**December 13th**– We will be open from 8:00-10:45– CLOSED from 10:45-2:00 **(NO LUNCH WILL BE SERVED)** We will re-open from **2:00-4:45**

**December 13th**– Christmas Party **(RESERVATION ONLY)** 5:00-7:45 PM. You must see Stacey or Jenny before December 9th to pre-register. Christmas Party is free. If you register and do not attend, you will not be able to reserve a spot next year. We have to turn people away. By you reserving a seat and not showing up. You are keeping someone else from attending.– **SPONSORED BY RESTORATION 1 OF TULSA**

**ELKS CHRISTMAS LUNCH:** Monday December 23rd– Free to all senior citizens– At the Elks Lodge

**PARKING ON December 20th– Christmas Lunch** Our parking lot and the church will fill up fast. Claremore Police will have officers across the street at the ball field to assist getting across Blue Starr Dr. They will be there starting at 11:30 and will be there after lunch to make sure you get back to your car safely.

**December 24th & 25th** –We will be **CLOSED** for Christmas

# Restoration

WATER DAMAGE EXPERTS



**Restoration 1 of Tulsa** will be sponsoring our Christmas Party December 13th from 5:00-7:30 PM.

We will be providing dinner. Restoration 1 of Tulsa will have their staff here to serve dinner. They will be calling BINGO and have provided generous gifts. This is by reservation only. If you would like to attend see Stacey or Jenny

# UPCOMING EVENTS



December 6th—9:00am

Bingo and Donuts

You must be 50 or over to attend



December 13th— 5:00 PM

**Reservations Required**

Sponsored by Restoration 1 of Tulsa



December 24th & 25th

We will be closed for Christmas Holidays